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7. Based on this study of the book of Ecclesiastes, how do you think God wants you to change in your attitudes, your speech, your actions, or your habits?

The words that Solomon has written have been “given from one Shepherd” (Eccl 12:11). Just as life is a gift from God, so are the words that instruct us about how to live in a fallen world. Yahweh is our Shepherd (Ps 23:1), and we look to Him for protection against enemies and for the quiet waters and green grass that will nourish us. Ultimately the book of Ecclesiastes draws our hearts to the Messiah, our Lord Jesus Christ. He lived His life under the constraints of *hēbēl*, just as we do. He understands that we were made of dust and to dust we return. He experienced the same kinds of frustration in life that we experience, although to a far greater degree than we do. He is thus qualified to be our sympathetic High Priest. Let us draw near Him in confidence (Heb 10:19–22).

—Randy Jaeggli

*Embrace Life Under the Sun*, page 235